





# The new normal states and the states are 238 // 3 - 17 February 2012





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This fortnight's issue looks at the council's commemoration of Holocaust Memorial Day (p8), remembering victims and celebrating the poignant work produced by some our students. Fighting current day prejudice is a gay rugby team,

who we meet as part of Lesbian, Gay, Bisexual and Trans Month (p12). With less than six months to go, we also celebrate an Inspiring Person who's won Games tickets (p15), look at an unusual Olympic Village job (p26) and meet a young woman whose judo skills may see her compete on the mat this summer (p27).

#### Cllr Neil Wilson

Executive member for equalities and social inclusion

Don't forget - If you live in Beckton, Green Street, Manor Park, Plaistow and Stratford and West Ham community forum areas, look inside for local news and events in In Focus.

MAG TEAM: 020 3373 4576 **IN FOCUS**: 020 3373 2684

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Look out for the next issue from 17 February 2012

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### IN BRIEF //

#### **Public inquiry is set**

An appeal into an enforcement notice served by Newham Council concerning the site of the Alif Academy in Katherine Road, Forest Gate, is to be determined by way of a public inquiry.

The Planning Inspectorate has agreed that the large amount of technical evidence presented and significant local interest in the appeal mean that more formal proceedings will benefit all parties concerned. The appeal hearing schedule for 7 February has been cancelled and a new date will be set.

#### **Amnesty on library fines**

Newham Council is to offer a oneoff one-day amnesty against any outstanding library fines.

People who visit their local library on Saturday 4 February and return all overdue items will have their late return fines waived. The amnesty is part of Love Your Libraries week.

Residents who may have lost their library card can have it replaced for free if they bring proof of current address, saving people up to £3

Please ask a member of library staff for the full details of these offers.

### Views on property licensing proposals

More than 1,200 people responded to the consultation into initial proposals to extend licensing of private rented properties across Newham, which ended in December.

Based on feedback from the consultation the council is now finalising formal proposals for final consultation which will start in mid February.

You can view a copy of the findings of the initial consultation from 6 February by visiting www.newham. gov.uk/rentedpropertylicensing

#### School improvements are top class

Pupils at Plaistow's Curwen Primary School welcomed Mayor Sir Robin Wales to cut the ribbon on their new £8m refurbished and enlarged school.

The school in Atlas Road has been undergoing a phased transformation since



2009 to provide fit for purpose teaching spaces as well as more comfortable and spacious classrooms.

As a result of the improvements, the school has been able to increase in size from 420 to 630 pupils, including nursery places.

The Mayor said: "Curwen Primary School is an excellent school. By increasing the capacity we've ensured that more people can send their children there. The head teacher and staff have done a great job in maintaining the high standard of learning while the work was going on."

A total of 14 classes were refurbished and seven new ones added. There is a new kitchen, separate dining and gym halls and better toilet facilities. Photo voltaic panels have been added to generate electricity for the school.

#### Dangerous leads are unplugged

Around 1,000 laptop leads that could electrocute people and cause fires have been seized in a swoop by Newham Council's trading standards officers working with colleagues from Essex County Council.

The leads, destined for an address in Upton Park's Green Street area, were confiscated at Stansted Airport in January. They did not have proper protection against live parts or proper insulation. A laboratory test on one revealed dangerous circuits and lack of safety markings.

Officers believe the leads are being imported illegally from China. Councillor Unmesh Desai, Newham Council's executive member for crime and anti-social behaviour, said: "These were dangerous leads and computer users – many of them children – could have been put at risk.

"The prompt and proactive action by our trading standards service has ensured that unsuspecting users are not maimed or electrocuted."

You can report unsafe goods to Consumer Direct on 08454 04 05 06 or by visiting www.consumerdirect.gov.uk



# 

#### United in efforts to save money

Newham Council has joined forces with five other East London boroughs to share services that will save around £15m in the next two years and help protect the services that matter most to residents.

Havering, Barking and Dagenham, Waltham Forest, Redbridge, Newham and Tower Hamlets councils have all signed a memorandum



of understanding to identify areas where working together on joint contracts will deliver better value for money.

The programme, East London Solutions, has so far involved projects including a shared translation and interpretation service, shared ICT arrangements and a joint highways and street lighting contract.

Others in the pipeline are a shared emergency planning management team, joint procurement exercises in passenger transport and minor road works and a shared print unit.

Mayor Sir Robin Wales said: "Where we can, we will share our back office functions and work together to develop new ways to deliver services to meet the needs of our communities."

# Mayor cross over river plans

Mayor Sir Robin Wales has said that proposed new river crossings across the Thames announced by the Mayor of London do not go far enough.

Boris Johnson unveiled plans for a road tunnel at Silvertown and a new ferry at Gallions Reach in Beckton. Newham Council has for years campaigned for sufficient local river crossings to help relieve congestion, improve daily travel for residents and businesses and realise the economic potential of the area.

Sir Robin Wales said: "A tunnel without a further bridge at Beckton will not meet present demand and is wholly inadequate for the increased traffic expected in the future.

"Significant routes across the river must be delivered as soon as possible or else the east of London will have to cope with only three congested crossings, while the west of London and Central London continue to enjoy a choice of more than 30."

#### Games stars are an inspiration

More than 20 young people from Newham were inspired by Olympians from Jamaica, USA and Kenya who visited the John Lewis store at Westfield Stratford City overlooking the Olympic Park.

Stars of track and field Tyson Gay, Yohan Blake, Veronica Campbell and David Rudisha, who between them have won numerous medals in past Games, checked out the progress of the 2012 Games venues.

They spoke with the young people about what competing in the Olympics meant to them and signed London 2012 merchandise for the youngsters.

The young people comprised athletes from Newham & Essex Beagles Athletics Club, Newham Sixth Form College and Plaistow's Cumberland School specialist



sports college, as well as local youngsters that have been successfully selected as kit carriers for all the athletics events during the Games.

# Homing in on the real

In under six months' time the eyes of the world will be on Newham, London and Great Britain.

For us the Games have been about legacy since day one. We'll be here long after the athletes have packed away their medals and the journalists have moved on, so the council has been, and will remain, active in making sure we really deliver lasting change for local people.

"We look forward to working with them to achieve our shared vision of a resilient community where our people have the skills, the support and the resources they need to succeed, to handle the challenges they face and to achieve their aspirations."

The Athletes' Village – or East Village – is at the heart of that legacy. It's bringing 1,379 affordable homes to our borough, 675 of which are social housing. With 28,000 people on our housing waiting list those homes are much needed, and will be life-changing for those lucky enough to be moving in.

Legacy is about more than buildings and is a bigger issue than just who

will live there. It's about the community we're creating, in the village itself and across the borough. It's fantastic news that the consortium of developers Qatari Diar Delancey have now bought the site. We look forward to working with them to achieve our shared vision of a resilient community where our people have the skills, the support and the resources they need to succeed, to handle the challenges they face and to achieve their aspirations.

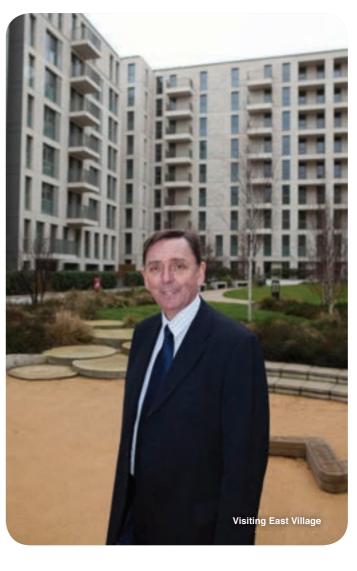
East Village is an opportunity to make access to social housing fairer. I'm equally pleased we are working so closely with Triathlon Homes, the owner of the affordable homes, on a local lettings plan so that we create a mixed community and ensure

community and ensure that working people from Newham get a chance to live in those homes.

We will be rewarding those who work hard and contribute to the East End and our community. And we will also be able

to identify eligible members of the armed forces that can apply for housing in East Village.

It is going to be a truly vibrant and sustainable community, a full part of Newham, with great facilities. It will boast the Chobham Academy, our fantastic





Mayor's view

# legacy of the Games

new school, a state of the art health centre, new parklands, public squares and open space, unrivalled retail, leisure and sporting amenities and transport links making it one of the best connected parts of the capital.

And for those in the Village, and right across Newham, we're fighting to give local people access to the jobs that the Olympics and the regeneration of the borough are bringing.

The council is investing £5m per year in our employment service Workplace, to give our residents the best chance

of getting those jobs and change their lives for the better. We've got 5,000 people into work already. That's not just value for money – it's transformational, the start of a life-changing journey for every single person who moves off benefits and into a job.

The Village will be a great addition to our community, but like everything to do with the Games a successful legacy won't happen without real commitment. I can assure you that at Newham we will continue to strive to get the very best out of this opportunity.

"The Village will be a great addition to our community, but like everything to do with the Games a successful legacy won't happen without real commitment. I can assure you that at Newham we will continue to strive to get the very best out of this opportunity."

# Pupils hit the right note with Minister



Pupils from Ravenscroft School in Canning Town wowed the Schools Minister Nick Gibb when he came to see how our successful Every Child a Musician programme has seen more than 6,500 children learn a musical instrument for free.

Our scheme across 64 primary schools is the biggest programme of its kind in the country. We believe it already delivers the Government's National Music Plan because it encourages all children, whatever their background, to enjoy and learn about music.

Music has the power to transform lives and everyone involved in this programme passionately believes in its benefits. It is giving our children fantastic opportunities, comparable to other more affluent areas. It is also helping to increase their confidence and raise their self-esteem.

I know the Schools Minister was pleased to be able to see and hear first hand about the benefits a musical education is bringing to children in Newham.





Top I-r: Raul, Joseph, Tafsia and Momana stand proud after delivering their reflections; (right) Sir Robin addresses the audience

Never again were the words that resonated at Newham Town Hall, which saw more than 300 people gather to mark International Holocaust Memorial Day (HMD).



Top: Lister pupils perform their piece, (right) Gillian Walnes addresses the audience

More than 300 people attended a special event held to commemorate the lives lost during the Second World War, when the Nazis murdered millions of Jews and other minority groups. The theme for this year's event was Speak Up, Speak Out, and it encourages standing up to all forms of persecution and genocide and challenging those who seek to deny the Holocaust.

Mayor Sir Robin Wales was joined by Gillian Walnes MBE, chief executive of the Anne Frank Trust, whose speeches echoed the themes of the event.

Sir Robin said: "Remembering the Holocaust is our opportunity to learn the lessons of this horrific event. We are all different, we have different ideals, cultures and upbringings. We should share our experiences and embrace what makes us the same, not what stands us apart.

"We are a democratic and tolerant borough who stand together because we know it makes our community stronger; stronger against racism, prejudice and other forms of bigotry. The Holocaust serves as a disturbing reminder of what can happen when prejudices are allowed to develop and we should learn the lessons the past provides and vow to never let anything like it happen again."

The event featured recitals from winners of a writing competition held to mark Holocaust Memorial Day. Winners Joseph Afolabi from St Luke's Primary School and Tafsia Sikdar from Sarah Bonnell School and runners-up Rahul Arora from North Beckton Primary School and Momana Ijaz from Sarah Bonnell School shared their poignant work with the audience. First, second and third place winners all received book tokens.

A candle lighting ceremony led by David Gold, chairman of West Ham United, Gillian Walnes MBE, Lyn Brown, MP for West Ham, Stephen Timms, MP for East Ham, John Biggs, London Assembly member for City and East and Sir Robin, was followed by a one minute silence.

Little Ilford School pupils delivered a thoughtprovoking performance. The Feather is an original drama based on prejudice, suffering and oppression. The piece was inspired by the experiences of Holocaust survivor Ziggi Shipper.

The ceremony was concluded with a reading of I Cannot Forget, written by Holocaust survivor Alexander Kimel and read by Councillor Jo Corbett.

#### An extract from Helpless By Tafsia Shikdar

Those people outside saw me.
They'll help.
They'll stop the men,
They can stop them,
Help me....

They dragged that person out of her house.
She looks terrified,
She's looking at me,
I can't do anything.

No one helped me.
I can't speak.
I'm cramped.
I peer at those other faces,
Those people,
My neighbour,
My best friend,
My husband,
Help us...

No one helped me, I can't return the favour, I can't help them, I can't do anything.

#### Speak Up; Speak Out! By Joseph Afolabi

Love turns to hatred,
Freedom turns to oppression,
Generosity turns to greed,
Faith turns to doubt,
Hope turns to despair,
Happiness turns to sadness,
Liberty turns to imprisonment,
When will the world change?

Evil thrives when men do nothing. When one man stands up,
Two men will stand,
When two men stand up,
Four men will stand.
Finally, hatred turns to love,
Oppression turns to freedom,
Greed turns to generosity,
Doubt turns to faith,
Despair turns to hope,
Sadness turns to happiness,
Imprisonment turns to liberty,
The world has changed!

To read these and other poems online visit www.newham.gov.uk/Events/HolocaustMemorialDay2012



























With 130 different sports and activities clubs in Newham you'd be hard pressed to be bored in our borough. With a diverse community of different ages and abilities, we pride ourselves on offering something for everyone.

There are five weekly sessions for disabled residents that you can attend alone or with your family or carer. Whether you're as active as a paralympic athlete or need a bit of encouragement to get you going, there's bound to be something that gets you into the leisure centre.

Nearly all activities on offer are FREE and include trampolining, coached swimming and a multisports supervised free play session where you can take part in basketball, badminton, ten pin bowling or short tennis, or jump around on the cushioned comfort of the bouncy castle. There's no booking required and activities are open to anyone with a disability who is aged under 19.

#### The current sessions are:

#### Multi sports and trampoline bounce:

Fridays, 5-7pm, Newham Leisure Centre, Prince Regent Lane, E13. FREE.

#### **Exercise to music and trampoline**

**bounce:** Saturdays, 12noon-2pm, Newham Leisure Centre, Prince Regent Lane, E13. FREE.

#### Multi sports and bouncy castle:

Saturdays, 2-4pm, Newham Multi Sports Centre (entrance from Newham Leisure Centre), Prince Regent Lane, E13. FREE.

#### Coached family swim session:

Sundays, 12.30-2pm, Balaam Leisure Centre, Balaam Street, E13. £5.

Newham Otters Swimming Club also hosts a FREE weekly family swim for disabled children and their families. The session takes place every Saturday, from 4.30-5.30pm, at Newham Leisure Centre, Prince Regent Lane, E13. Contact Sandie on 07931 788 739 for more information.

To find out more about sports and activities for disabled residents, pick up a copy of the Disability Programme Booklet from any of the borough's four leisure centres or download it at www.newham.gov.uk/disabilityprogramme

For details of other sports clubs and activities in Newham turn to our What's On pages at the back of the Newham Mag.



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- Thursday 12th January 4.00pm 8.00pm
- Tuesday 7th February 4.00pm 8.00pm

**AFFORDABLE DEGREES:** most of our courses have full time fees of £4,500 for September 2012

CONTACT US ON: 020 8257 4446 OR externalenquiries@newham.ac.uk Newham University Centre is the higher education centre of Newham College. Find us under Newham College on UCAS www.ucas.ac.uk inst code N31



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**EAST HAM CAMPUS:** 

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# Steeling the show

As part of LGBT (lesbian, gay, bisexual, trans) History Month we focus on Newham's very own Kings Cross Steelers, whose tackles are not only limited to the pitch. Using their love for rugby, they have confronted and overcome prejudice and brought the community together through sport.



Kings Cross
Steelers
have been
based at
East London
Rugby Club,
Memorial
Avenue,
E15, for 12
years. The
Steelers pride
themselves

on being the world's first rugby club equally open to gay, bisexual and straight men. And with players from every continent playing in the team, their diversity doesn't just stop at sexuality.

A back injury in his 20s didn't stifle Steelers' chairman Tim Sullivan's love for rugby. Under his watchful eye, in 2009 the club hosted and won the Union Cup  a biennial tournament for gay rugby clubs in Europe – a title they successfully defended last year.

Tim said: "As the first gay rugby club, we paved the way for all the others that followed.

"When we first set up, a lot of gay people didn't feel welcome in rugby tournaments. The players didn't feel that they could go to a club, play rugby and be open about their sexuality. The Rugby Football Union was very supportive of the club and others that have followed. They realised that gay players not being accepted for who they were was a diversity matter and unacceptable.

"You still get the odd player or supporter on the sideline making a comment – we had that at one game recently and the referee took him to task about it – but now it's very rare." With 180 members, the club is growing every season. Tim is confident that being in the host Olympic borough will inspire the team to success later this year when they play in the International Bingham Cup.

Membership of the Kings Cross
Steelers is open to any man who
wants to play rugby, regardless of
sexuality or experience; women
supporters are also welcome.
Membership is £80 for players and
£30 for club supporters. For more
information visit www.kxsrfc.com
East London Rugby Club also

has a women only team. Find out more at www.pitchero.com/clubs/eastlondonrfc



# **ENROL TODAY**

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#### **COURSES AVAILABLE FOR ADULTS INCLUDE:**

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- Book-Keeping and Accounts
- Hospitality
- Degree courses
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#### **ESOL COURSES ARE AVAILABLE AT:**

Eastlea Learning Zone, Forest Gate Learning Zone, Beckton Globe, Little Ilford Learning Zone, North Woolwich Learning Zone, East Ham and Stratford.

Call us on **020 8257 4446** or text your name and **'FEB2012'** to **07624 805 933** or come and see us **MONDAY – FRIDAY 9.00AM TO 5.00PM** 

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YOUR FUTURE IN OUR HANDS

YOUR LOCAL SKILLS COLLEGE

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Recruitment for 1000s of games-time jobs is happening between now and February 2012 to ensure that the 2012 Olympic and Paralympic Games are the best the world has ever seen. Act now to apply for jobs in the following areas:

- > Retail
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- > Caterina
- > Stewardina
- > Cleaning
- > Administrative

www.newhamworkplace.co.uk/2012Jobs.htm

The majority of the roles are short term (2 - 9 weeks) but there are

you are a student, parent or looking to enhance your CV, this is a

Workplace is co-ordinating games-time applications from all

Newham Residents. You can call into your nearest office or register on the link below and a member of our dedicated

unique opportunity to be a part of the greatest show on earth!

some longer-term positions available to start immediately. Whether

#### **Stratford**

Boardman House, 64 Broadway, Stratford, London E15 1NT

#### Canning Town

The Place, 2 Silvertown Way, Canning Town, London E16 1EA

#### **East Ham**

Opposite Newham Town Hall, High Street South, East Ham, London E6 6ER

games-time team will be in touch:

brought to you by



# Tea Dances

Put on your dancing shoes and come along to our tea dance programme to get active and have fun

- Tuesday 14 February 2012 (Valentines Day) -Old Town Hall Stratford, 1.30-4.30pm
- Monday 12 March 2012 -Old Town Hall Stratford. 1.30-4.30pm

**Time:** 1.30 – 4.30pm

**Venue:** Old Town Hall Stratford/Central Park Cost: £2 per person (including free raffle)

Places are limited, so book early.

For more information please call leisure services on 020 3373 7511.







# Considering a career in primary teaching? Primary teacher training taster event Wednesday 22 February

Why not come and find out about school-based training opportunities in Newham.

Scittels is a consortium of schools in Newham that combine to provide top quality courses.

The graduate teacher programme is an employmentbased route, most suitable for those with considerable school/ teaching experience.

The **PGCE** is a full time course which allows greater balance between lecture and school-based sessions.

To find out more, attend our next 'Taster Event'.

This event is free; to apply for a place download a registration form: www.teachnewham.co.uk, or for further information contact: RSM@ newham.gov.uk

22 February Time: 4.00pm - 6.00pm Closing date for applications:





# Win free tickets to the Games

Saying thank you to someone who's changed your life is not always easy – sometimes a bunch of flowers just doesn't seem enough. But in this special Olympic year, we are offering you the chance to go all out for someone who's inspired you. Nominate an inspiring person and they could receive tickets to one of the most popular events at this year's Olympic and Paralympic Games. They might even be lucky enough to get their face in *the Newham Mag* – just like this fortnight's winner, Grace Fayose.

#### **Grace's inspirational work**



Grace was nominated for her charity work for deaf and hearing impaired children in Newham. One of her own children is deaf, having

suffered from meningitis as a toddler. Grace quickly became aware of the hurdles her child would face: "literacy in particular is a big issue for deaf children", she says.

So she started running storytelling sessions at local libraries with British Sign Language (BSL) interpreters. Nominator Angelina Leatherbarrow, then working at The Gate library, was inspired in the true sense of the word: she saw the session and was so impressed by the effect on the children that she went on to take BSL classes herself.

Grace's projects quickly multiplied and soon she was running kids' clubs, healthy eating programmes, deaf awareness schemes, swimming lessons for the deaf and IT classes, all with BSL interpreting. To be able to get funding, she started a charity called KingsElect, which later became the KE Foundation.

Angelina says: "Grace has worked tirelessly and done a huge amount of good in the community." Grace herself was very surprised to receive the reward, saying: "I'm shocked! I've just been working away quietly – I really didn't expect this. The projects are doing so well that I'm just working hard, looking for

more funding all the time."

Grace has recently launched a new project at the Trinity Community Centre in Manor Park, offering the carers of deaf children support.

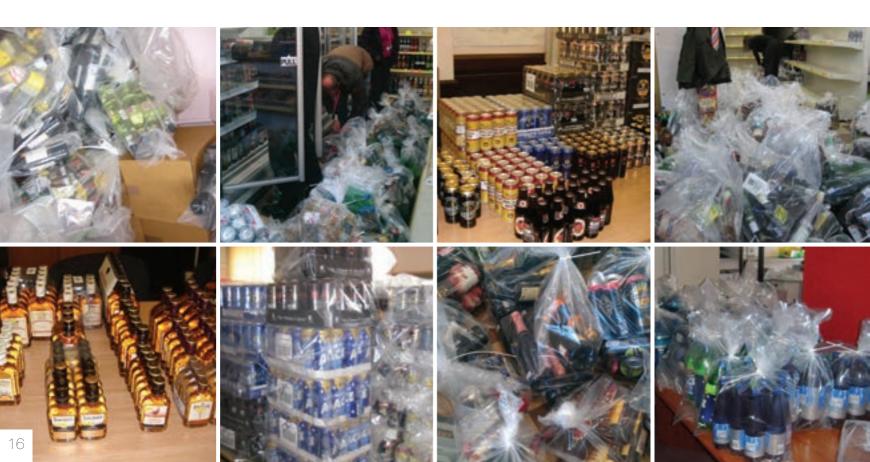
Who will Grace take to the Games? Her daughter, of course: "She's my inspiration – I'll take her with me, she'll be very honoured!"

Give the gift of the Games: nominate someone who's inspired you under any of our six categories: creativity, volunteering, community, achieving potential, employment and training or sport. For more information, visit www.newham. gov.uk/inspiringpeople

\*Alcohol pictured here comes from licensed premises across the borough, not just our featured cases.



# Booze busts



Illegal alcohol sales, counterfeit booze, late night noise, violence and disorder – the council's licensing team has seen it all. Responsible for protecting us by setting rules for businesses, the team works with partners including the police to crack down on the breaches of licensing that put us all at risk. This minority of irresponsible retailers give responsible ones a bad name; we are working to protect them. Our joint work has seen a decline in reported GBH in licensed premises, which has fallen from 96 in 2009 to 13 in 2011. And the team's successes don't stop there with 23 premises having had their licences revoked since 2009.

#### Shelly Wines, 319 High Street North, E12

Test purchasing is when the council covertly tries to buy a restricted item such as alcohol or knives, either



out of hours or using a shopper who is clearly underage. Following three test purchases of alcohol after hours between July and September 2011, councillors on the Licensing Sub-Committee revoked the licence and prosecuted this repeat offender.

The premises licence holder pleaded guilty to six offences and was fined £3,485.50, including court costs, and ordered to pay within 28 days.

But this costly slap on the wrist and licence revocation didn't deter Shelly Wines. So in December, the council seized more than £20,000 of alcohol. The team is preparing to prosecute the licence holder and plans to destroy the

#### Nisa Today, 95-99 Barking Road, El6

This convenience store wanted to sell alcohol around the clock but



following objections by the police, the council and residents, the Licensing Sub Committee granted a licence with

reduced hours and strict conditions. Magistrates later removed some of the conditions on appeal.

While the appeals were being considered, Nisa was breaching licence conditions and warning letters were sent to the premises licence holder and store manager.

In July 2009 staff sold alcohol outside the permitted hours to a test purchaser. The licence holder received a 12-month conditional discharge at Stratford Magistrates' Court.

A second test purchase outside the permitted hours in November 2009 led to a another prosecution. The premises licence holder had his personal licence revoked and he and the designated premsies supervisor pleaded guilty and were given a 12-month conditional discharge.

In June 2011 a visit from the council, police and customs resulted in a large quantity of non-duty-paid and counterfeit booze being seized. This lead to the licence being revoked (an appeal is ongoing).

#### **Upton Lane, E7**

Problematic off licence Upton Food and Wine Centre lost its appeal against the council's decision to



revoke its premises licence to sell alcohol. The police called its licence in for a review in July last year after five failed test purchases in six months for selling alcohol outside their permitted hours. The review was supported by the council's trading standards team after they twice discovered non-duty-paid alcohol in

the premises.

Thames Magistrates' Court agreed that the Licensing Sub Committee's decision to revoke the premises licence was correct. The premises licence holder was ordered to remove all alcohol from the store with immediate effect and pay council costs of £7,055.25.

Anti-social behaviour at Club 19 on

Upton Lane made this night spot a nightmare for residents and businesses in the area. Problems at the venue resulted



in a review by the council's licensing subcommittee in 2008 and the licence was revoked. Magistrates later reinstated the licence on appeal in 2009.

The two closure notices served on the premises in April and July 2011 for a number of breaches didn't stop the club from operating. Following a violent incident outside the club in October, enough was enough and the police submitted an urgent review. The licence was immediately suspended pending a full review. Club 19 has remained closed since and prosecution is currently under way.

#### Talk to us

If you suspect that a business is breaching the terms of their licence we want to hear about it. Whether it's an off licence selling alcohol to underage shoppers or a business trading outside their permitted hours, call 020 3373 1925 and speak to a licensing officer.



# Do you live in Newham and want to teach music?

The Mayor of Newham has developed a ground-breaking programme called Every Child a Musician (ECaM), which provides free music tuition in schools to children aged 9 to 11 years old. Newham Council is helping talented musicians to become music tutors through our Local Tutor Training Programme.

- > Can you play an orchestral instrument, the keyboard or guitar to at least Grade 6?
- > Do you want to develop your teaching skills and experience so you can become a music tutor?

If the answer is yes, then why not apply for our FREE Local Tutor Training Programme.

Children participating in ECaM play the following instruments: clarinet, flute, guitar, violin, viola, keyboard, trumpet and trombone.

#### **Local Tutor Training Programme**

The programme will give you the skills and experience to apply for music tutor employment. The course is FREE and offers:

- > music tutor training
- > opportunities to work with experienced tutors
- > a route into a rewarding career of inspiring young people through music.

The course is part-time, involves some distance learning and runs from February/March 2012 – July/August 2012.

#### To apply you need to:

- > live in Newham
- > have limited experience of teaching any musical instrument you are able to play

- > be proficient in one of the instruments listed to an advanced level
- > have good communication skills, especially with children
- > have a passion for music.

Remember the closing date for completed applications is Friday 10 February 12noon.

For more information and an application form please call 020 3373 1181 or email: ecam.tutor@newham.gov.uk

a place where people choose to live, work & stay

# NOT EVERYTHING IN THE GARDEN IS ROSY

Mattresses, sofas and white goods such as fridges and cookers are familiar sights outside some homes in Newham.

Storing rubbish, including unwanted household items, in front gardens or yards is unsightly and makes a neighbourhood look dirty and neglected. It could attract vermin and be a fire hazard, which pose a serious risk to health.

If you leave items of rubbish in your garden, Newham Council's enforcement officers can take action against you. They are stepping up patrols across the borough and identifying offenders.

Clearance notices are served and, if gardens are not cleared as required, an £80 fine can be issued. The council can also charge for the costs involved in clearing up. And if you leave items on the street you could be prosecuted for fly-tipping under the Environmental Protection Act.



There is no excuse for allowing our gardens to become dumping grounds for rubbish.

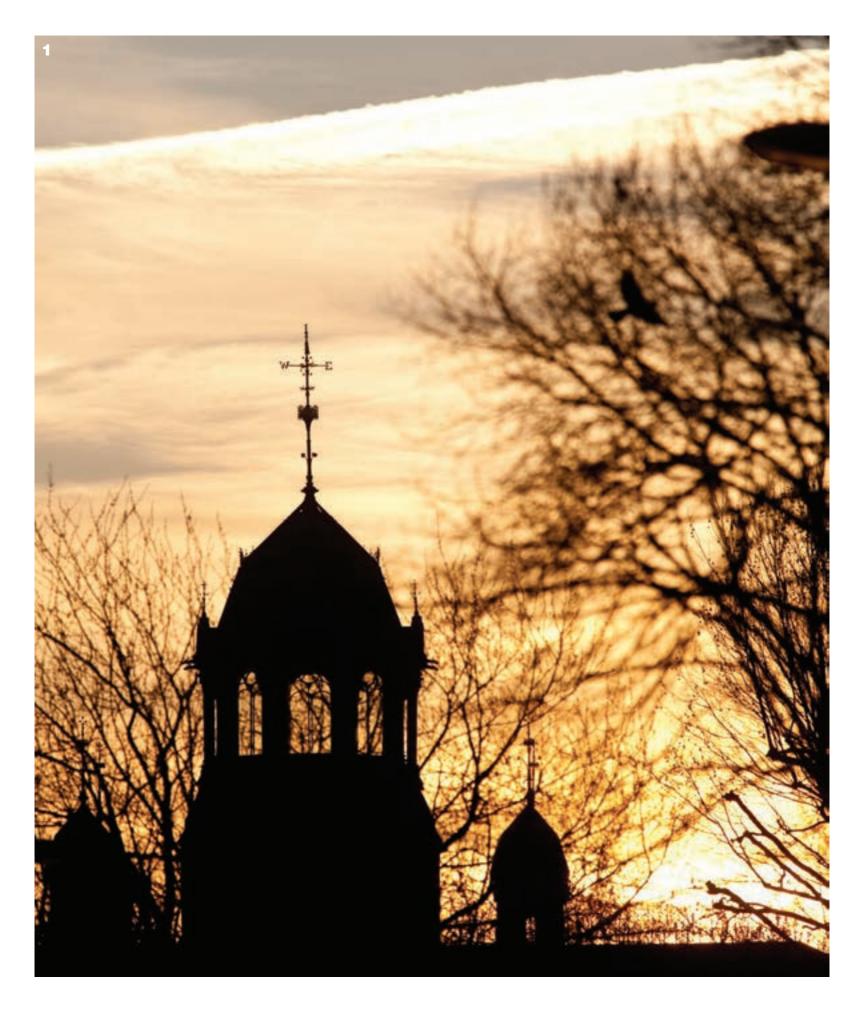
Bulky items such as large furniture and domestic appliances can be taken by the council's collection service free of charge. Just call 020 8430 2000 to arrange a pick-up.

If residents arrange for a private company or person to remove and dispose of the waste then they must be licensed to carry out this service.

Residents can also dispose of their rubbish at the reuse and recycling centre in Jenkins Lane, Beckton, seven days per week. Remember to take a driving licence or Council Tax bill when visiting the site.

If anyone sees people fly-tipping or has information about it, report this to the council on 0800 731 3300 in confidence.





Newham in pictures







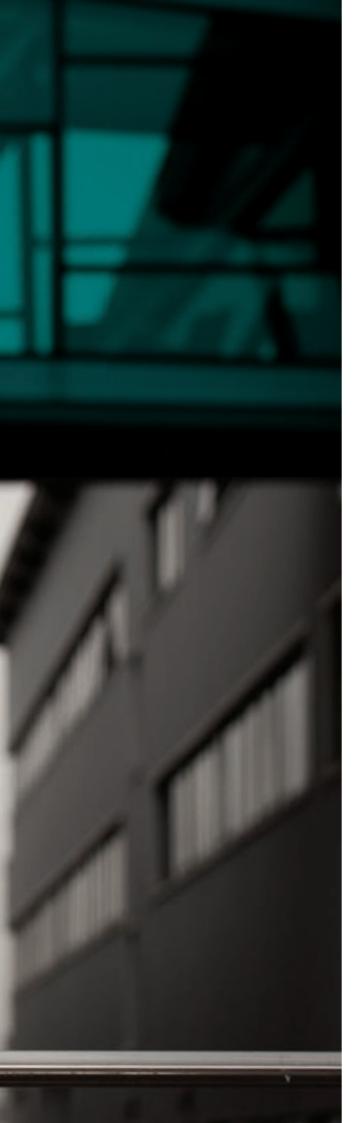


**1** Abbey Mills pumping station points the way east. **2** Fanfare at Ravenscroft School, E16. **3** Remembering through music. Every Child a Musician tutors Sara Kohnke and Craig Murdoch perform at our Holocaust Memorial Day event. **4** Children of note: Curwen School pupils celebrate their refurbishment. **5** Block party: flats on Stratford High Street.

# Glowing reference

Going to university isn't only about walking away with a degree, at least that's the ethos of Femi Bola, director of employability and enterprise at the University Of East London (UEL). With fierce competition in the world of work, Femi is making sure her students have the upper hand when it comes to securing their dream job even before they've graduated.





Femi, who has worked at UEL for seven years, is clear about her remit which she describes as: "helping to equip students with the skills to get a job, keep a job and get a better job or start their own business." When you've got an audience of thousands of students this is no easy task, but it's one she thrives on achieving.

#### What's your biggest milestone?

Turning a traditional careers service, which was probably quite reactive, into a really proactive service with a good reputation. Businesses in the area didn't have a relationship with us before. Now we're working with a range of business, convincing them to recruit the unusual suspects. In this way we're creating opportunities for our students and graduates. We're a local university but we have national and global ambitions for our students and ourselves.

One of the first businesses I ever worked with was Newham Council. They were really receptive about what I wanted to do with graduates – we started the borough's management trainee scheme for Newham graduates – and that was one of my first achievements.

# How did the idea for the Knowledge Dock come about?

We wanted a way to drive regeneration and entrepreneurialism in the area. The Knowledge Dock opened in 2007 to provide affordable office space for small and medium sized business and expert academic advice and support.

In 2009 we received a donation from Jack Petchey to set up the *Petchey Centre for Entrepreneurship* with the idea that if you can't afford business unit you can start off with a space there – and, like the Knowledge Dock, it's open to anyone in the community, not just our students and graduates.

I've always said that you can

create a job for yourself and other people. People from this area of London are naturally entrepreneurial; a lot of our undergraduates come from families that have businesses. They often don't recognise the skills they already have. We encourage and support them to do so.

### How do you help students into work?

As soon as our students arrive we get them to think about where they want to go next. Every month more than 100 students work in part time roles on our campus. We employ our students to support other students, to work in offices and the library. We're really proud to be a major employer of our own. Over the last seven years our reputation has grown so employers now post their opportunities directly with us.

### Do you have to be a student to benefit from UEL's resources?

No. We have an excellent electronic resource called Get That Job; it's everything you need to know about getting a job but were afraid to ask. It covers the whole recruitment process from how to fill in an application form or create a CV to preparing for interview.

#### If you could achieve one thing, what would it be?

I'd like employers to think 'I want a graduate' and look to UEL. They'll get someone who's tenacious, streetwise and inquisitive. They'll represent a global customer and London in its broadest sense and they'll be different and add value their business. I want employers to put our graduates in the same league as those from Oxford or Durham. That's what I'd like my legacy to be.

To find out more about the Knowledge Dock, Get That Job and other employment support offered by UEL visit www.uel.ac.uk/eet



# RETAIL TALE

Tom Olukole, 16, from Tunmarsh School, E13, shares his prize-winning experience at the Retail Enterprise Day. The vocational course, delivered by Newham College, gives young people the opportunity to explore the retail industry to make them more employable and is part of Newham Council's 14-19

"The idea behind this event was to give us a taste of the real world of retail. The judging panel included a representative from Ralph Lauren partnership. and a fashion photographer.

"The event has shown me that with the right idea and strategy anyone can achieve what they set out to achieve."

"On the day we were divided into teams of four and asked to come up with a business idea that can help us sort out a problem we face in our daily lives. We came up with Wake Up Call, a bed which tilts at a time assigned to it and gradually raises up to a point. We thought about lots of things such as marketing and where we'd sell our product. Wake Up Call would be sold in open places, like a shopping centre, where people

what your money and an exam preparation school.

"The Retail Enterprise Day has been a life changing experience and I would like to say a big thank you to Blue Sky
"The Retail Enterprise Day has been a life changing on the winning team governess and heart and we have all learns "The Heïall Enterprise Day has been a life changing experience and I would like to say a big thank you to blue bky Media and everyone that made this possible. Being on the winning team gave us an ego boost and we have all learned Media and everyone that made this possible. Being on the winning team gave us an ego boost and we have defined entire the historia and how to create a product. For me, personally, as a shy person I have defined entire the historia of retail and how to create a product. could test our product. Other team's ideas included a mobile app to wedia and everyone that made this possible. Being on the winning team gave us an ego poost and we have all learned social about the business side of retail and how to create a product. For me, personally, as a shy person I have gained social about the business side of retail and how to create a product. For me, personally, as a shy person I have gained social about the business side of retail and how to create a product. For me, personally, as a shy person I have gained social about the business side of retail and how to create a product. For me, personally, as a shy person I have gained social about the business side of retail and how to create a product. For me, personally, as a shy person I have gained social about the business side of retail and how to create a product. manage your money and an exam preparation school. about the pusitiess side of retail and now to create a product. For the, personally, as a sny person that people more freely.

Skills and I'd feel more confident in the work place because I know how to communicate with people more freely. "If I was to start my own business I would be very confident because of my experience at the Retail Enterprise."

The event has shown me that with the right idea and strategy anyone can achieve what they set out to achieve.





Find out more about the 14-19 partnership by going to www.newhamsussed.co.uk

#### **NEWHAM SERVICES FORUM**

TO ADVERTISE IN THE NEWHAM SERVICES FORUM PLEASE CONTACT JULIE MADELL ON 07890 529 090



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For course enquiry and enrolment please contact our admin office to arrange a stress free initial interview.

Abbey Road, Junction of Canning Road, Stratford, London, E15 3JZ

**020 8221 0321** www.alphabse.co.uk



# Newham council will MOT your vehicle £40 for Newham residents

Contact us on **020 8472 0343** or email **mot@newham.gov.uk Appointments only** 

Class 4 vehicles only (cars)

Central Depot, Jenkins Lane, Barking, Essex IG11 0AD

Being in the right place at the right time has paid off for Ciaran James. The 20-year-old from Plaistow is working in the Olympic Village, assembling furniture inside the flats in preparation for the arrival of their first occupants.

Ciaran got his job thanks to Workplace, Newham Council's employment service.

During his first formal appointment he was told by his employment advisor at The Place, in Canning Town, that a screening for a role as a logistics operator working in the Olympic Village was taking place that day.

Ciaran said: "Although I hadn't worked in this field before, at home I am the handyman in the house and have done things like fitted floors and kitchen units.

"I received training at the Building Crafts College, where we were taught the basics of working with tools and site safety. There's a building base in the college where we learned how to assemble our products."

Ciaran's work and training opportunity came about as a result of partnerships between Workplace and Lend Lease, not for profit company BeOnsite is carrying out the furniture installation and assembly work on the Olympic Village.

Ciaran says the work suits him: "The task

is there in front of me, I know what I need to do and I have targets to meet." His hard work and professionalism has recently been rewarded with a promotion to supervisor. He added: "I am proud to be working on a project as big as the Olympic and Paralympic Games and it's a great thing to have on my CV.

"A lot of people say they can't find work. I went to Workplace and within a week something came through."

Forty-four previously unemployed residents are now in full-time work and have gained the skills and experience to confidently apply for similar jobs after their contracts have ended and so could you.

Let it work for you If you're looking for work get a helping hand from Workplace. Visit www.workplace.co.uk for details on how to register or call 020 3373 1101 to find out more.



# Have a go at judo



Grappling, holding, pinning, throwing - these judo moves make it sound like a violent activity, but its name actually comes from the Japanese for 'gentle way', because using skill and technique is more important than brute strength. Part of the Olympic Games since 1964, this year's events will take place at Custom House's ExCeL.

One of Great Britain's Olympic judo squad is currently studying at Newham's own University of East London. Gemma Gibbons is an inspiring 25-year-old who has dedicated her life to judo.

Having practised the sport since she was six, Gemma has represented Great Britain at Senior World and European Championships. She has also travelled to Japan to compete with the world's best; she says: "I got fifth

place in the Tokyo Grand Slam, beating the number one Japanese girl, who was second in the world rankings – I was 54th at the time! That was brilliant. I love judo and the training but what's best is going out onto the mat and winning." She is hoping to use that competitive spirit at this year's Games: "I'm in the squad, so I'm really hoping I will be picked to compete."

Judo is a full-time occupation for Gemma, who trains six hours a day while studying for an MSc in Exercise Science and Health. If you want to try judo, check out Newham's fun and friendly A1 Judo Club.



# Where to do judo in Newham

East Ham's A1 Judo Club was founded in 2009 and already has more than 70 British Judo Association (BJA) registered members, aged from five to 55 years old. Rising stars include Ramazan Karimov, 14, and Hadicha Karimova, 10, who are both national medallists. The judo enthusiasts train at the upper gym in Langdon School, Sussex Road, East Ham.

#### Times:

Women only session, Saturday, 1-2pm Boys and girls (nine +), Tuesday and Thursday, 7.30-9pm and Saturday, 3.30-5.30pm

Boys and girls (five to eight years old), Tuesday and Thursday, 6.15-7.30pm and Saturday, 10am-1pm

Each session costs £3. You will need to obtain a BJA licence after the first session or two to cover you for grading and insurance.

For more information visit the club's website: **www.a1judo.com** 



Since last autumn the council has been preparing you for changes to the way we receive payments by giving you different options when paying for services. As part of these changes, cash offices based in Manor Park, East Ham and Stratford Local Service Centres (LSC) will cease to operate on 2 March.

### What is the reason for the change?

When you pay your council bills in cash it costs the council more to process than any other method of payment – around £1.80 for each transaction. This compares to 2p for a direct debit payment. These changes will enable the council to deliver a more efficient service whilst saving money.

### How will this change affect me?

From 2 March, you will no longer be able to use a cash office to make a cash, cheque, debit or credit card payment. If you are a cash office user you need to find an alternative way to pay.

Also from 2 March, cash and cheque payments will cease to be processed at Beckton, Green Street and Forest Gate LSCs.

Payment roadshows are taking place on the following dates from 9am-5pm to help you prepare for the upcoming changes:

#### **February**

3 February - Stratford LSC

6 February - Stratford LSC

8 February - East Ham LSC

13 February - East Ham LSC 15 February - Stratford LSC

17 February - Manor Park LSC

20 February - Stratford LSC

24 February - East Ham LSC

24 February - Last Flam Loc

27 February - East Ham LSC

29 February - Stratford LSC

#### March

2 March - Manor Park LSC

**Stratford LSC** is at 112-118 The Grove, E15 **East Ham LSC** is at 330-354 Barking Rd, E6 **Manor Park LSC** is at 685-689 Romford Road, E12



#### What are my payment options?

A range of options is available for regular bills including rents, Council Tax and service charges. All payment options are detailed on your bill or statement. Options include payment via:

- > https://my.newham.gov.uk using a debit or credit card
- > direct debit
- > our automated telephone payment line: 020 8430 2000
- > standing order
- > cheque.

Visit www.newham.gov.uk/cashless or pick up a Ways to Pay leaflet from your LSC for more details.

#### What about other payments?

Visitor vouchers can now be purchased online using a debit or credit card by registering at https://my.newham.gov.uk
You can also purchase vouchers using one of our self service kiosks in libraries.

In the spring, **resident parking permits** can be applied for online, via post or in person; if you apply in person there will be an administration charge. Keep reading *the Newham Mag* for updates on this change.

Blue Badge application forms can now be submitted online at http://adult socialcare.newham.gov.uk/Pages/Blue-Badges.aspx using a debit or credit card.

### How safe is it to pay via the council's website?

All payments made on https:// my.newham.gov.uk display the padlock symbol which means the site is secure and safe. Card details are not stored.

### How will I know my payment has been received?

When you register at https:// my.newham.gov.uk you will receive a receipt for payments made online. For rents, Council Tax and leaseholder services you can check your balance or statements online. Your payment will show on your account the following day.

#### Can I continue to pay in cash?

Customers can pay housing rents and Council Tax in cash with an Allpay card at a post office or outlet displaying the Paypoint logo. Payments can take up to two working days to show on your account. See your local In Focus for details of your nearest Allpay outlet.

# I don't have a cheque book, credit or debit card or a bank account.

You can get expert financial guidance from a professional money guide free of charge at East Ham LSC. Appointments are available monthly on Tuesday mornings. The Money Advice Service also provides telephone guidance and online information.

To make an appointment visit any LSC or call 020 8430 2000 and ask for a Money Advice Service appointment. For more information visit www.moneyadviceservice.org.uk



# Give an hour for Cancer Care

Marie Curie Cancer Care asks you to give an hour as a volunteer collector for the Great Daffodil Appeal. The charity also needs volunteers to organise fundraising collections.



Money raised will help Marie Curie nurses provide more free care to local terminally ill people in their own homes.

Daffodil pins can be picked up from local stores, schools, street collectors and Marie Curie Shops throughout March.

Join your local team of volunteer collectors by calling Marie Curie Cancer Care on 0845 601 3107 or visiting www.mariecurie.org.uk/daffodil

# Free sports activities this half term

If you're at a loose end this half term and not sure what to do, then look no further than Newham's free, fun-filled sports programme for children and young people. With more than 25 different sessions taking place across the week, you have tons to choose from.

Activities include Olympic sports, water sports, BMX biking, gym sessions, family activity days, cricket, football, free swimming, cheerleading, karate and much more.

#### Football and multi sports

8-10 and 15-19 year olds, Monday 13 February, 11am-3pm Memorial Park, Memorial Avenue, E15

#### **BMX** biking

8-19 year olds, Monday 13 February, 11am-4pm BMX Track, Gooseley Playing Fields, St Albans Avenue, E6

Alongside this programme is a range of other activities delivered to you by our partners, who include Theatre Royal Stratford East, Discover and Climb London.

To find out more, see our full list of half term events on www.newham.gov.uk/whatson





# Cotton on to arts degree —

Former celebrity dressmaker Beryl Murray has made her lifetime's dream come true with the help of Rosetta Art Centre.

At age 72, Beryl is going to university thanks to the newly formed partnership between Birbeck



University of London and Rosetta Art Centre. She will be studying a degree in Art History.

Beryl's former customers include Princess Margaret, Sir Cliff Richard and Ursula Andrews.

Beryl said: "It's never too late to study; for me age is a state of mind. The good thing is there is no formal entrance requirement and it is free if you qualify for the concession."

If you're a budding artist Rosetta Art Centre is offering you the chance to have your work displayed in their window gallery at Rathbone Market, E16. For more information about this or their degree programme call 020 7511 1117 or email your exhibition entry to info@RosettaArts.org



# Citye blood

NHS Blood and Transplant (NHSBT) is asking donors to give blood in February.

Only four per cent of the eligible population regularly donates blood. You can donate blood between 2-3.45pm and 5-7.45pm on: Tuesday 28 February, West Ham United Hotel, Boleyn Ground, Green Street, E13 or on Wednesday 29 February, The Beckton Globe, 1 Kingsford Way, E6.

If you'd like to donate you must be aged between 17-65, weigh at least 50 kg (7 stone 12lbs) and be in general good health.

For more information or to book an appointment call the Donor Line on 03001 232 323 or visit www.blood.co.uk

# Celebrate the Chinese New Year

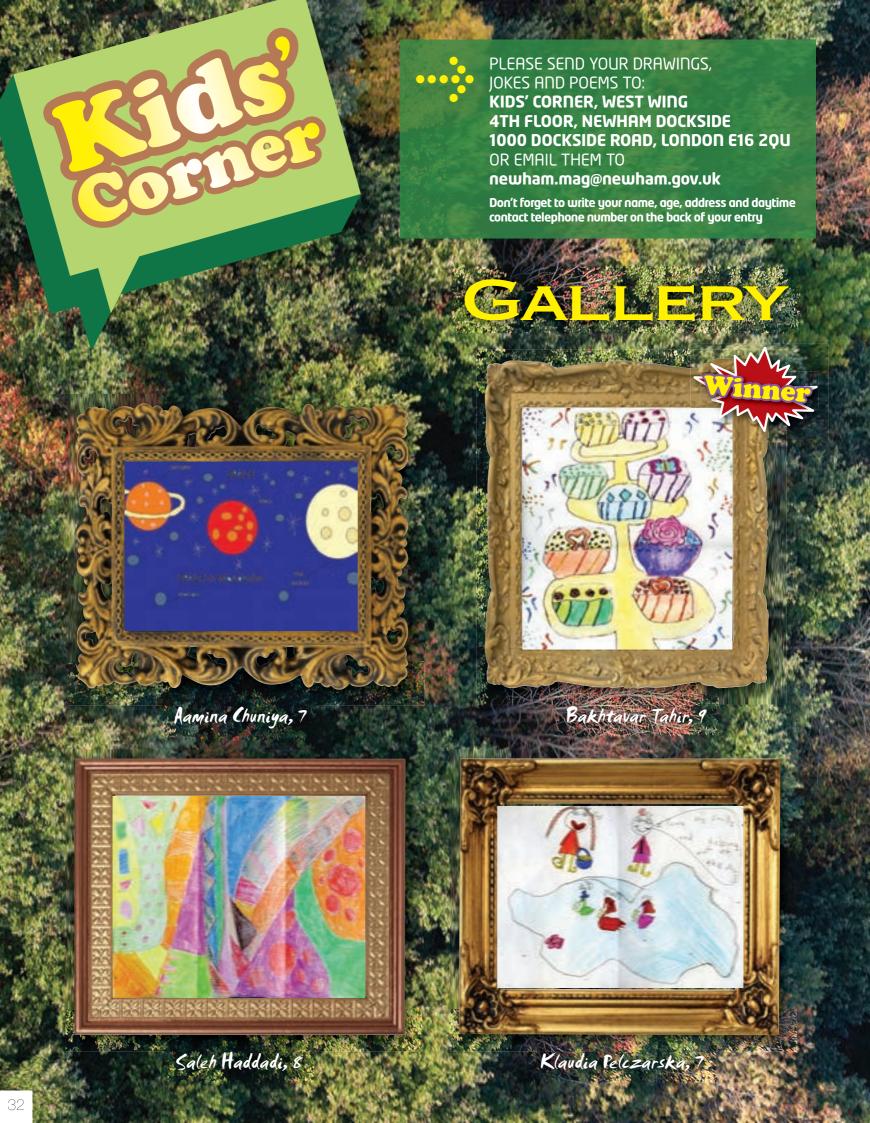


Newham's Chinese Association invites all residents to come along to enjoy the celebration of the year of the dragon and HM The Queen's Diamond Jubilee on 16 February, 12noon to 6pm.

The programme will consist of a lion dance and Chinese Kung Fu street demonstration, 12.30 to 1pm, followed by indoor Chinese opera singing and a Tai Chi demonstration at 1.05pm.

The programme is free before 6pm and will take place at Newham Chinese Association Main Hall, 14 East Ham Manor Way, E6 5NG.

For more information call 020 7474 7715 or email newham2002@hotmail.com



### Free membership of Strafford **Picturehouse**

This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU. Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry. Good luck! Visit www.picturehouses.co.uk to see what's on.



# alleme.



I L D E R N E S S C Y C L D N G S O L G I L L E B M E B T S L O O O C L T G E I O A G N O L L D Z O A A E V T Y E K C E H S C A E G F F A C N E E I T H R R R T M N U S T N A G R S C G S O O U K I N K S E W U O R R L S T S A W T N C E C C O W L I N G A S E S N I A D A T O S O C T O D E C P U D P N N R L T L K R O E S R T H R Y R A G P I C E D C R S T U A E E R D E E E T S G A P Y L A B E S A A R H S S O P

**Animals** Canada **Food Howling**  Hunting **Nature Packs Population**  **Predators Territory** Wilderness Wolves

# Jokes

- Q. Why did Cinderella run from the ball?
- A. Because she never knew how to play football
- Q. Why did the phone go to the doctors?

  A. Because it had a bluetooth
- Q.Why didn't the man go to the toilet on 31 December at 11.59?
- A. Because he didn't want to start his new year in the toilet

by Fasith Mohamed, 9

# FIVE PAGES OF ACTIVITIES MOSTLY FREE, ALL FUN!

To view hundreds of events, or to add your own, log on to www.newham.gov.uk/whatson

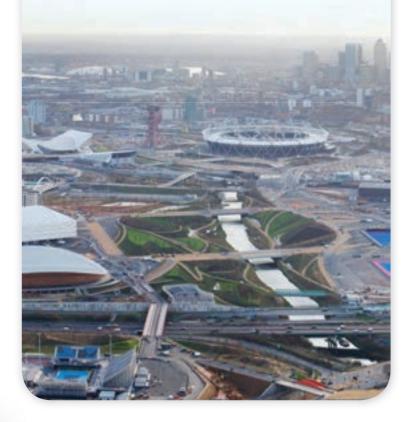
3 - 17 FEBRUARY

# TRY SOMETHING NEW... 2012 OLYMPIC JOBS

Would you like to be part of the London 2012 Olympic and Paralympic Games? Are you hardworking and enthusiastic? Looking for a job or some training? Then look no further than a free special recruitment event that could lead to both.

Drop in on Tuesday 7 February at any time between 10am-2pm at John Lewis (Stadium Suite), 3rd Floor, Westfield Stratford City, E15. It is strongly advised that you register to confirm your attendance. To register or for more information call 08452 668 707.

You'll be able to find out more about the variety of paid roles on offer during the Games which include catering, security, retail and cleaning roles. Information on training and learning opportunities will also be available.



#### **ALL LIBRARY LISTINGS**

See Library Contacts (next page) for venue details.

#### **UNDER FIVES GROUPS**

All open to under fives with their parents/carers.

# Storytelling Canning Town

Mon, 10.30-11.30am

#### **Custom House**

Tues, 10.15-11.15am

East Ham Wed, 2-3pm

The Gate Fri, 11am-12noon Green Street Thurs.

10.30-11.30am

Manor Park Thurs.

10.30-11.30am

#### **North Woolwich**

Thurs, 2-3pm

Plaistow Tues, 11am-12noon

#### **Crafts Club**

#### **Manor Park**

Tues, 10.30-11.30am

#### **Toy Library**

East Ham Tues, 10am-12noon and Thurs, 10am-

#### Imaginative Play

East Ham Fri, 10.30-11.30am

#### **ADULT READING**

#### **Adult Reading Groups**

The Gate Tues 7 Feb, 6.30-7.30pm

#### **OTHER EVENTS**

Click-On Computer sessions for over 50s, contact the library to book a place East Ham Fri, 10am-12noon and 2-4pm Plaistow Fri, 10am-12noon and 2-4pm

#### **ICT Surgeries**

The Gate Thurs, 10am-12noon

**Knit & Natter** – craft group

for men and women of all ages

and abilities

Canning Town Fri, 10am-12noon

Movie Matinee - free

showing the film Disney's 'Enchanted' (U) by Bill Kelly and Ron Howard

**The Gate** Wed 15 Feb, 2pm (prompt start)

#### **YOUNG PEOPLE**

**Homework Club** – All young people aged seven to 14 can get

free study support at their local library on the days and times below. School term only.

Canning Town Thurs, 4-6pm

Custom House Thurs, 4-6pm

East Ham Mon, 4-6pm

The Gate Tues, 4-6pm

Green Street Tues, 4-6pm

Manor Park Thurs, 4-6pm

**North Woolwich** 

Mon, 3.30-5.30pm

Plaistow Thurs, 4-6pm

**Games Clubs** – Sony PS3

or Xbox 360 and Nintendo Wii games, board games and many more free activities for

eight to 13-year-olds.

#### **Canning Town**

Mon, 3.30-5.30pm

**Custom House** 

Tues, 3.30-5.30pm

East Ham Tues, 3.30-5.30pm Manor Park Mon, 3.30-5.30pm

**Teen Xtra Evenings** – Free

activities for ages 12-21.

The Gate Thurs, 6-8pm

#### **LIBRARY CONTACTS**

**Custom House Prince** Regent Lane, E16 3JJ. 020 3373 0855

East Ham High Street South, E6 6EL, 020 3373 0827

The Gate 4-20 Woodgrange Road, Forest Gate, E7 0QH. 020 3373 0856

Green Street 337-341 Green Street, E13 9AR. 020 3373 0857

Manor Park Romford Road. E12 5JY. 020 3373 0858 North Woolwich 5 Pier Parade.

E16 2LJ. 020 3373 0843

Plaistow North Street, E13 9HL. 020 3373 0859

**Archives and Local Studies** 

(limited postal and email service only) Phone: 020 3373 6881 Email: archiveslocalstudies@ newham.gov.uk

**Community Outreach** 

**Services** For more info call 020 3373 0813

#### **SPORTS PROGRAMME**

#### **Basketball** Youngbloods Basketball

- U12s. mixed Sat, 1-3pm, East Ham Leisure Centre, E6.

- U13/14s, boys Mon, 6-8pm, St Angela's School, E7 Tues, 5.30-7.30pm Newham Leisure Centre, E13

- U14s, girls Mon, 4.30-6pm, St Angela's School, E7 Tues, 5.30-7.30pm, Newham

Leisure Centre, E13 - U15/16s, boys

Tues, 6-8pm, East Ham Leisure Centre, E6 Fri. 6-8pm. St Angela's School, E7 - U17/18s boys Tues, 8-9.45pm, East Ham Leisure Centre, E6 Thurs, 7-9pm, St Bonaventure's School, E7 Fri, 6-8pm, St Angela's School, E7 Each session costs £1. Call Caroline on 07958 307 657 for more info.

#### Football (free)

Mayor's football League U12s/U14s, Mon, 4-6pm

Newham Leisure Centre, Prince Regent Lane, E13

#### 4v4 Football

8-19s, Wed, 5-7pm Stratford Park MUGA, West Ham Lane, E15

#### 5v5 Football

8-19s, Fri, 5-7pm Royal Victoria Garden, Pier Road, E16

#### 4v4 Football

8-19s, Fri, 5.30-7pm Snowshill MUGA, High Street North. E12

#### 5-a-side Tournaments

(First Sat of the month) U12s/U14s/U16s, Sat, 10am-1pm Plashet Park, Plashet Grove, E7 8-19s, Wed, 7.30-9pm. Winsor community MUGA, Manor Way, E6 For more info call Abul on 020 3373 4119 or getactive@ newham.gov.uk

#### **WHU Kickz (free)**

Mon. U14s. 4-5.30pm - 15+, 5.30-70pm West Ham United Community Astro Turf (Beckton), E6 - 11-18s, 5-8pm Forest Gate Youth Centre, E7 **Tues**, U14s, 4-5.30pm - 15+, 5.30-7pm West Ham United Community Astro Turf (Beckton), E6 - 11-18s, 6-9pm Priory Park MUGA, E6 **Wed,** 11-18s, 5-8pm Priory Park MUGA, E6 **Thurs**, 11-18s, 4-7pm Priory Park MUGA, E6 Fri, U14s, 4-5.30pm - Girls 11+, 5.30-7pm West Ham United Community Astro Turf (Beckton), E6 - 11-18s, 5-8pm Forest Gate Youth Centre, E7

#### Air Football 16+

**Tues**, 1-3pm, Stratford Park, E15 Fri, 3-5pm, Beckton Powerleague, E6. For more info visit www.airfootball.co.uk

#### **Ascension Football Academy**

School vrs R-3: 9.30-10.30am School yrs 4-7: 10.45-11.45am School yrs 8-11: 12noon-1.30pm All sessions £2.50 King George V Park, E16 For info call Beryl on 020 7511 1232.

#### **Basketball**

#### Newham All Star Sports Academy (NASSA) **Junior Programme**

8-11yrs boys/girls Cumberland School, Oban Close, E13 Fri, 4.15pm-5.30pm U13/14s, Thurs, 4.30-6.30pm and Sat. 10am-12.30pm U15s, Thurs, 5.30pm-7.30pm, Newham Leisure Centre, 281 Prince Regent Lane, E13 U16/18s, Mon, 5.30-7.30pm Rokeby School, Canning Town E16 4DD



#### **National League**

Mon, 6-8pm, U13/14s, Rokeby School, Barking Road,

**Tues,** 6-8pm, U15/16s Rokeby School, Barking Road,

Thurs, 4.30-6pm. U13/14s boys, U14s girls, Newham Leisure Centre, Prince Regent Lane, E13 6-8pm, U16s, Newham Leisure Centre, Prince Regent Lane, E13 6-8pm, U18s, Cumberland School, Oban Close, E13

#### Gifted and Talented

**Fri,** 4.15-5.30pm Cumberland School, Oban Close, E13

#### **Basketball Session**

**Sat.** 10am-12noon Newham Leisure Centre, Prince Regent Lane, E13 Senior Men/Women **Programme** 

**Mon.** 7.30-9.30pm Division 2 Women and Division 3/4 Men. Rokeby School, Canning Town, E16 For more info call NASSA on 07947401616

#### **Handball (free)**

10-16s, Tues, 3-4.30pm 16+, Fri, 6-8pm Newham Leisure Centre, Prince Regent Lane, E13 For more info email aranka. bekker@newham.gov.uk

#### **Multi sports (free)**

Wed, 1-3pm and 5-7pm, 16+ Stratford MUGA, West Ham



Lane, E15 Fri, 5.30-7pm, 8-19s Snowshill MUGA, High Street North, E12. For more info call Abul on 020 3373 4119 or getactive@newham.gov.uk

#### **Athletics**

Sun, 10.30am-12.30pm, 10-19s Newham Leisure Centre, Prince Regent Lane, E13 For more info email coral. nourrice@newham.gov.uk - Newham and Essex Beagles Athletics Club, Mon and Wed,

Athletics Club, Mon and Wed, 6.30-9pm, 10+ Sun, 10am-1pm. Call 020 7511 4477 or email jacqueline. ramsden1@btinternet.com

#### **Cricket**

Mon, 3.30-5pm, 8-18s
Cumberland School, Oban
Close, E13
League/tournaments (11 Jan
onwards)
Wed, 6-8pm, 8-18s
Lister Community School,
St Mary's Road, E13
For more info call Abul on
020 3373 4119 or getactive@
newham.gov.uk

#### **Boxing**

West Ham ABC - community boxing, 11-19s
Free Olympic style amateur boxing sessions.
Hathaway Community Centre Hathaway Crescent, E12
Wed, 7pm
Ascot Community Centre
Hermit Road, E16
Sat, 2pm
Email carl.barton@newham.
gov.uk or call 020 8430 2000 for more info

- West Ham Boys ABC 9+,

boys and girls Mon, Wed, Fri, 5-6pm The Black Lion, 59-61 High Street, E13. Call Lianne on 020 8472 3614

- Peacock ABC 8+, Mon, Wed, 6-8pm boys and girls Caxton Street North, E16 Call Martin on 020 7511 3799
- Newham Boys ABC 6+, boys only Mon, Wed, Fri, 6-7.45pm Old Bath House 141 Church Street, E15 Call Ravinder/Joe 020 8519 5983
- Fight For Peace 11+, boys and girls Woodman Street, North Woolwich, E16 Call Marigold on 020 7474 0054

#### **Non-contact boxing**

Osmani Boxing Club is open to males aged 8-25, Fri, 4-6pm, Froud Centre, 1 Toronto Avenue, E12 For more info call 020 7247 8080 or email healthyfutures@ osmanitrust.org
Wed, 7-8pm, 11-19s
Hathaway Community Centre, Hathaway Crescent, E12 Sat, 2-3pm, 11-19s
Ascot Community Centre, Hermit Road, E16 For more info email carl. barton@newham.gov.uk

#### Hockey

(Plashet Hockey Club) Mon, 3-5pm, 8-14s Kingsford Astro, Kingsford Way, E6 (by Asda car park) For more info call Abul on 020 3373 4119 or getactive@ newham.gov.uk

#### Rugby

Tues, 4-6pm, 10-16s Memorial Park, Memorial Avenue, E15. For more info call Abul on 020 3373 4119 or getactive@newham.gov.uk

#### Volleyball

Mon, 3.30-5pm, 11-18s Royal Docks School, Prince Regent Lane, E16. For more info call Abul on 020 3373 4119 or getactive@newham.gov.uk

#### **Newham Swords (4+)**

Tues, 6.30-9pm
Thurs, 6.30-9pm
Fri, 7.30-10pm
The Hub in the grounds of
Newham Leisure Centre, Prince
Regent Lane, E13.
For more info call Linda on
07956 618 898 or visit www.
newhamswords.co.uk

#### **Dare 2 Dance**

Free street dance classes for girls, 14-24s
Fri, 3.30-5.30pm (3.30-4.30pm Open Technique Class, 4.30-5.30pm
Choreography Class)
Newham Leisure Centre (New Indoor Multi Sports Centre),
Prince Regent Lane, E13
For more info call Nicole on 07970 783 526 or email nicole. napier@newham.gov.uk

#### **Newham Striders**

Free, sociable walking group that go striding in the local area seven days a week. Visit www. newham.gov.uk, email paula. peaty@newham.gov.uk or call 020 8430 2000 for more info

### **Newham Shoujin Karate** Sessions for beginners:

Wed, 4.30-5.30pm, 4-15, term time Thurs, 6-8pm, 16+ Fri, 6-7pm, 4-15 and 7-8pm, 16+ Sun, 10-11am, 4-16+ Newham Leisure Centre, Prince Regent Lane, E13. For more info call 07508 070 638 or visit shoujin.co.uk

### WCKD Karate & Self Defence Institute

Teaching Freestyle Karate and self defence
All levels including beginners
Children, 5-9 yrs, £3.50 Mons and Weds, 5-6pm and Sat,
11am-12noon
Juniors, 10-15 yrs, £5 Mons and Weds 6-7pm and Sat,
12noon-1pm
Maryland Studioz, 84-86
Leytonstone Road, Maryland,
Stratford, E15. For more info call 07535 928297 or email wuchikwondo@gmail.com

#### Ramgarhia Badminton Club Adults (Advanced)

Tues, 7-9.30pm Little Ilford School, Church Road, Manor Park, E12

#### **Juniors**

Fri, 6-7.30pm

#### Adults (Beginners/ Intermediate)

Fri, 7.30-9.30pm Langdon School, Sussex Road, East Ham, E6. For more info and prices call Kilvir on 07803 834 037 or email ramgarhia.bc@gmail.com

#### **Adult Badminton (16+)**

All standards welcome. Sun, 11am-1pm Froud Centre, Toronto Avenue, Manor Park, E12



For more info call Hilda on 020 8553 3223 or e-mail hildasilcock@hotmail.co.uk

#### Run England - all £2

Mon, 4-5.30pm, Newham Leisure Centre E13, meet on the track. 5.45-6.45pm, Newham Dockside, E16, meet at reception

**Tues**, 6-7pm, Newham Leisure Centre E13, meet on the track. 12.30-1.30pm, UEL Stratford campus, E15, meet outside gate at Water Lane entrance **Wed**, 12noon-1pm, Newham Dockside, Dockside Road E16, meet at reception

**Sat**, 10-11.30am, Central Park E6, meet at the café, Wanstead Flats, meet at Harrow Road Changing Pavilion, West Ham Park E15, meet at south gate entrance off Portway

**Sun**, 10am-12 noon, Newham Leisure Centre E13, meet on the track

For more info email amwhite@ englandathletics.org or call Anne-Marie on 07718 394 874

#### **East End Road Runners**

Free coached sessions for all abilities Tues and Thurs, 7pm Sun, 9am, meet on the track, Newham Leisure centre, Prince Regent Lane, E13 For more info call Bisi 0797 926 1647.

#### **Wanstead Flats Parkrun**

Free timed 5K run
Sat, 9am
Harrow Road Changing
Pavilion, Wanstead Flats
Playing Fields, E11.
For more info or to register
visit www.parkrun.org.uk/
wanstead-flats

## Cycling – sessions and guidance

Wed, 11am, 12.15pm and 1.30pm. Fri, 12.15-2.15pm. Free, all equipment provided F13 Waterfront Studios, 1 Dock Road, E16. For more info call 020 7055 0808 or visit www. careinmind.org.uk

#### Zumba classes (16+)

Wed, 1-2pm. £4 per session. Talent Central, Unit 27a, 3 Armada Way, Gallions shopping centre, E6. For more info call Gareth on 07854 487 309 or email gareth.aec@ gmail.com

Thurs, 7.30- 8.30pm, St Nicholas Church Hall, Gladding Road, E12, £5 per class. For more info call 07720 805 505

#### **Skiptrix Circuit classes**

Skiptrix Kids Fun and Games, 8-12, Thurs, 5-6pm, £3 per session

Skiptrix Circuit Adults, 16+, Thurs, 6.15-7.15pm, £5 per session. The Hub, Star Lane, E16 Skiptrix Teens, 13-15, Fri, 5.30-6.30pm, £4 per session Grassroots, Memorial Ave, E15 For more info call Neusa on 07904 625 402

#### **Newham Swimming Club**

Competitive swimming for all ages (fees apply).
To try out for the team call Richard 07915 270 702 or visit www.newhamswimmingclub. org.uk

#### **Twisted Pink**

7-12 yrs, £2.50
Singing: Tues, 5.30-6.30pm
Drama: Thurs, 5.30-6.30pm
Street Dance: Fri, 6-7pm
13 yrs+, £3
Street Dance: Fri, 7-8pm
Maryland Studioz, 84-86
Leytonstone High Road, E15
For more info call Jacueline
on 07534 513 307 or email
twistedpink26@aol.com

#### **FEMALE ONLY ACTIVITES**

#### Women United FC (11+)

Mon (term time only) 6-7.15pm, Kingsford School, Kingsford Way, E6. For more info call Shona on 07968 665 849

#### Girls spinning sessions

11-16, Mon and Wed, 4-4.30pm. Newham Leisure Centre, Prince Regent Lane, E13 For more info call 020 7511

#### Women's gym sessions

Free. 11-16, Tues and Thurs, 3.30-5pm. Newham Leisure Centre, Prince Regent Lane, E13 Call 020 7511 4477 for info

#### Female box-fit classes (16+)

Mons, 4.15-5.15pm, Balaam Leisure Centre, Balaam Street E13. Call Carl on 020 3373 6034 for info

#### Girls Football

Mon, 6-7.30pm U12/14s football tournaments Kingsford Astro (entrance by Asda car park) Beckton, E6 For more info call 020 8556 5973.

#### Female Multi-Sports

Ultimate Frisbee, Cardio
Tennis, Handball, Dodgeball,
Rounders, Netball, Football
and more. 10-16s, 4.306.30pm, Tues, 4.30-6.30pm
Newham Leisure Centre,
Prince Regent Lane, E13.
Fri, 4.15-5.15pm, Little Ilford
Youth Zone, Rectory Road, E12.
For more info call Farrakh 020
8556 5973 or email Farrakh.
Khan@locsp.org

#### Sheila's Yummy Mummy Buggy (16+)

Mon, 10-11.30am
Central Park, East Ham, E6
(meet outside cafe in the park)
Fri, 10-11.30am, Plashet Park,
Plashet Grove, East Ham, E6.
£2 per session
For more info call Sheila on
07908 614 958 or email
spoleon@aol.com

#### Get back into Netball

OPA Netball Club sessions.
Tues, juniors, 6-7pm, seniors,
8-9.30pm. £2 per session. Lister
Community School, St Mary's
Road, Plaistow, E13. For more
info call Lesley on 07717 281
529 or email opanetballclub@
hotmail.com

#### Unity Zumba

Classes are £5 each adults,

children £3. Minimum age 7yrs.

#### Mon, 8-9pm

Hartley Centre, 267 Barking Road, East Ham, E6 1LB

#### Wed, 8-9pm

Hartley Centre, 267 Barking Road, East Ham, E6 1LB

**Thurs, 7.15-8.15am** Old Town Hall, Stratford, E15

#### Sun, 6.30-7.30pm

The Well Centre, 49 Vicarage Lane, East Ham, E6. For more info call UnityZumba on 07886 884 573

#### Zumba Fitness (16+)

Ditch the workout, join the party.

#### Mon, 6.30-7.30pm

Plaistow Park Community Centre, E13

#### Wed, 5.30-6.30pm

Old Town Hall, Stratford, E15

#### Thurs, 6.30-7.30pm

Plaistow Park Community
Centre, E13
For more info call Pam 07916
327 541 or visit www.salsapam.

#### Zumba classes Tues, 8-9pm,

£4 per hour, The Swift Centre, 387 Barking Road, E13

#### Thurs (from 23 Feb)

**7.30-8.30pm**, £4 per hour The Hub, 123 Star Lane, E16 For more info call Annabel on 07500 898 665

#### SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

#### **Multi-Sports**

Free Flying Wheels club for young wheelchair users 6-22. Wed and Fri evenings, 6-8pm. Rokeby School, Barking Road E16. For more info call Eda on 07888 085 259 Mon, 4-5.30pm, Eastlea multi-sports club for SEN & disabled young people, Eastlea Community School, E16 Fri, 4-8pm, Newham Leisure

#### **Ability Club**

Centre, E13

11-25, Fri, 4.15-6.15pm



Newham Sixth Form College, Prince Regent Lane, E13 For more info call Paul on 07811 671 082

#### Wheelchair Basketball

11-19, Wed, 4-5pm Rokeby School, Barking Road, E16. For more info call NASSA on 07947 401 616

#### **Multi-Activities**

People with Disabilities Club, Tues, 10.30am-12.30pm, Newham Leisure Centre, E13

#### Free Family swims for disabled children and adults

Newham Otters Swimming Club, Sat, Newham Leisure Centre E13, 4.30-5.30pm For more info call Sandie 07931 788 739

Family Swim, Sun, 12.30-2pm, Balaam Leisure Centre. E13. For more info call 020 7511 4477

#### Get fit for free

Free use of the gym for one year for people with learning disabilities at Newham Leisure Centre, Tues, 1.30-3.30pm. To book an induction you must call Zahra on 020 7511 4477

#### Multi sports club

Fridays, 4.30-6pm. NewVlc, Prince Regent Lane, E13. For more info call 07811 671 082

#### **B1 Football Club**

Third Sun of every month, 10am-12noon, East Ham Leisure Centre, E6. For all of the following sessions call Zahra at GLL on 020 7511 4477.

#### Free Trampolining sessions Fri, 4-8pm, Sat, 12.30-2.30pm,

Newham Leisure Centre, E13

### Free exercise to music

Sat, 12.30-2.30pm, Newham Leisure Centre, E13

#### Mixed swimming session for adults and children

Wed, 10am-12noon, East Ham Leisure Centre, E6, £1.15 a session

#### Families dealing with **Autism Swim**

Wed, 4-5pm, Balaam Leisure Centre, E13, free

#### **OTHER**

#### Older people's Reference Group

Actively concerned for the welfare and health of the borough's elderly. Meets second Thurs of each month, 12.45-2.45pm East Ham Care Centre (Resource Lab (Ground Floor), Shrewsbury Road, E7 For more info call 020 8821 0862 or visit oprg@ ageuknewham.org.uk

#### East and West Ham Pensioners' Association

Campaigning group in defence of pensioners. All pensioners welcome. Meets on the first Thurs of every month. 2-4pm, East Ham Town Hall, E6.

#### View Tube Green

Volunteer and learn how to grow your own fruit, veg and herbs (travel expenses paid) Fri 10 Feb, 2.15-4.15pm Wed 22 Feb, 10am-12noon View Tube, The Greenway, E15. For more info call Clare on 07921 699 473 or email clare. hillman@groundwork.org.uk

#### **Bollywood Brass Band**

Bollywood meets Brass meets Bhangra. Stratford Circus, Fri 10 Feb, 8pm Tickets £12/10 (for 12+ years) For more info call 0844 357

2625 or visit www.stratfordcircus.com

#### **CHOICES 2012**

Free event for adults - come to along and find more about further or higher education or how to improve your job opportunities. There will be taster workshops including Wedding Crafts and European and Community languages. Tues 14 Feb-Thurs 16 Feb. 11am-7pm Hamilton Road Centre, 1 Hamilton Road, E15 For more info call Sonia on 020 3373 4023

#### **COMMITTEE MEETINGS**

All meetings take place at Newham Town Hall, Barking Road, E6, unless specified

#### Mon 6 Feb

Licensing (2003 Act) Sub-Committee, 2pm, Council Chamber Public Transport Liaison Group, 6pm, Lister Room

#### Tues 7 Feb

Regeneration and **Employment Scrutiny** Commission, 7pm, Committee Room 2 Health and Social Care Scrutiny Commission, 7pm, Committee Room 1 Admissions Forum Council Chamber, 6.30pm, Council Chamber

#### **Thurs 9 Feb**

Better Health and Well Being Partnership Action Board, 3pm, Lister Room, Newham Partnership Cabinet, 5pm, Council Chamber Mayoral Proceedings, 5.15pm, Council Chamber

#### **Tues 14 Feb**

Children and Young People Scrutiny Commission, 7pm, Committee Room 1

# USEFUL NUMBERS

#### 020 8430 2000

Hundreds of services, just one number - for all council enquiries

For questions about councillor surgeries or to find out which ward you live in, call 020 8430 2000 or visit www.newham.gov.uk/ yourcouncillor

Write to the Mayor at Newham Town Hall, Barking Road, London, E6 2RP or email mayor@newham.gov.uk

For information about **Community Forums** freephone 0800 519 4015 or email community.forums@ newham.gov.uk

For information about the

2012 Games and how it will affect Newham, visit www. newham.gov.uk/2012Games To report anti-social behaviour - anything that causes your local area to look unsightly or makes other residents' lives unpleasant - call Newham's

To speak to the Newham Mag team, call 020 8430 2000 or email newham. mag@newham.gov.uk

24-hour hotline on

0800 731 3300

#### **MEET THE MAYOR**

#### Speak to Sir Robin Wales Wed 8 Feb

Please call 020 8430 2000 between 9.30 and 10.30am and speak directly to Sir Robin Wales.

#### **Meet Sir Robin**

Please arrive promptly at the start of each surgery.

#### Mon 13 Feb

The Place, 2 Silvertown Way, E16, 9.30-10.30am





Call Crimestoppers 24/7 on 0800 555 111 to give information anonymously on gun and knife crime in Newham.

You could receive a reward of at least £150 and up to £1000 if the information you give to Crimestoppers leads to an arrest and charge.

Make Newham a safe place to live work and stay.



# Let's get the party started with a street party!

If you are interested in holding a street party to celebrate St. George's Day or the Queen's Diamond Jubilee, we can help you with road closures, volunteers, how to apply for a grant and more.

To find out how to organise your street party visit: www.newham.gov.uk/letsgetthepartystarted